



PATIENT INFORMATION

Name: _____ Birthday (M/D/Y): _____ Age: _____ Gender: _____

Address: _____
(Street) (City) (Zip Code)

Cell: _____ Email: _____

Check your preferred method of communication: Call Text Email

Occupation: _____ Employer: _____

Marital status: Single Married Divorced Widowed

Spouse's Name: _____ Spouse's Occupation: _____

of Children: _____ Names and Ages: _____

How did you hear about us? _____

Have you ever consulted a Doctor of Chiropractic? Y N Who? _____ When? _____

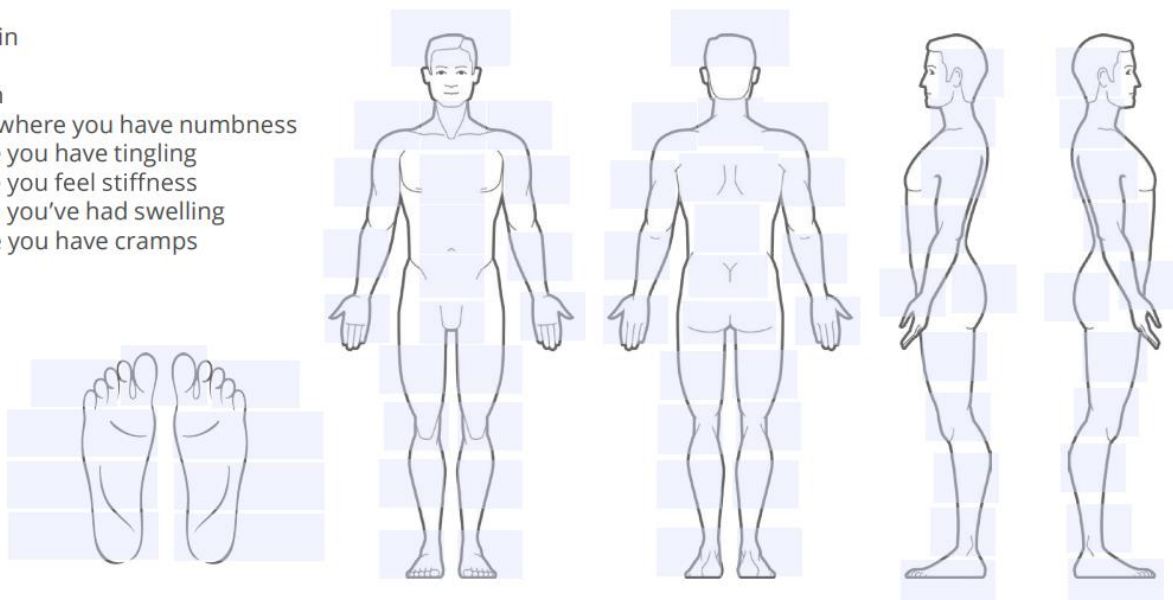
HEALTH CONCERNS

Please list, in order of importance, your health concerns:

- | | |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

Please label any areas where you are experiencing the following symptoms:

- "//"
 - "B"
 - "D"
 - "A"
 - "N"
 - "T"
 - "St"
 - "Sw"
 - "C"
 - "W"
 - "Tr"
- stabbing pain
for burning pain
for dull pain
for aching pain
on or in areas where you have numbness
in areas where you have tingling
in areas where you feel stiffness
in areas where you've had swelling
In areas where you have cramps
for weakness
for tremor





PERSONAL HEALTH HISTORY

Please list hospitalizations, surgeries, major illnesses and/or medical procedures and the year they occurred.

Please list any concussions, major accidents or injuries and the year they occurred.

Do you have now or have ever suffered from:

- | | | |
|---|--|---|
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Skin Irritations | <input type="checkbox"/> Adrenal Dysfunction |
| <input type="checkbox"/> Sinus pain/Congestion | <input type="checkbox"/> Acne | <input type="checkbox"/> Difficulty Sleeping |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Thyroid Dysfunction | <input type="checkbox"/> Low Energy |
| <input type="checkbox"/> Balance/Coordination Decline | <input type="checkbox"/> Hormone Dysfunction | <input type="checkbox"/> Tire Easily |
| <input type="checkbox"/> Speech Changes | <input type="checkbox"/> PCOS | <input type="checkbox"/> Cognitive Challenges |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Painful Breasts | <input type="checkbox"/> Concentration Challenges |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Frequent UTIs | <input type="checkbox"/> Memory Decline |
| <input type="checkbox"/> Heart Palpitations or Arrhythmia | <input type="checkbox"/> Menstrual Pain/Difficulty | <input type="checkbox"/> Hyperactivity |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Kidney Stones | <input type="checkbox"/> Restlessness |
| <input type="checkbox"/> Stroke | <input type="checkbox"/> Asthma | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Allergies | <input type="checkbox"/> Brain Fog |
| <input type="checkbox"/> Poor Circulation | <input type="checkbox"/> Frequent Colds/URIs | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Cold/Tingling/Numbness
in Hands or Feet | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Mood Swings |
| <input type="checkbox"/> Muscle Aches or Arthritis | <input type="checkbox"/> Digestive Difficulty | <input type="checkbox"/> Irritability |
| <input type="checkbox"/> Frequent infections | <input type="checkbox"/> Heartburn | <input type="checkbox"/> Frequent Cravings |
| | <input type="checkbox"/> Reflux | <input type="checkbox"/> Frequent antibiotic use |

Have you ever suffered from an autoimmune condition? Y N Which one(s) _____



Please list all prescription and over-the-counter medications with dosage that you are taking and for what symptom. If not currently on medications, please indicate that below by writing "NONE".

- | | |
|------------------------------|-------------------------------|
| 1. _____
(Name) (Symptom) | 6. _____
(Name) (Symptom) |
| 2. _____
(Name) (Symptom) | 7. _____
(Name) (Symptom) |
| 3. _____
(Name) (Symptom) | 8. _____
(Name) (Symptom) |
| 4. _____
(Name) (Symptom) | 9. _____
(Name) (Symptom) |
| 5. _____
(Name) (Symptom) | 10. _____
(Name) (Symptom) |

On a scale of 1-10, rate the stress level of your typical week ____

Please list any sources of emotional stress that are currently affecting your daily life.

DIET AND LIFESTYLE

Please describe your current diet. Are you avoiding any foods? Why?

Are you currently taking any nutritional supplements? Why are you taking these supplements?

List any real or suspected allergies/sensitivities to drugs, food, or environmental sources and your reaction.

Do you use tobacco? __Y__N Number of caffeinated beverages per day ____
Number of alcoholic beverages per week ____ How often do you work out each week? ____



Name _____ DOB: _____

Clinical Care Release

_____ has been accepted as a patient to be seen at Innovative Health and Wellness Group.

The patient and/or his/her guardian(s), or legally responsible person(s) desire to be examined by the licensed practitioners and the clinical staff. You the patient, upon signature, give permission/consent to any clinically appropriate examination and therapeutic procedures, as determined by the clinical staff and consented to.

The patient and/or his/her guardian(s), or legally responsible person(s) acknowledge and agree that providers of many disciplines may be in attendance or participate in this clinical evaluation and care process. These individuals will potentially observe all examination and treatment procedures.

Clinical staff: (Please take the time to understand the staff, their roles, and feel free to ask about scope of practice with each one). We have a multi-disciplinary staff to accommodate you.

Staff:

Elizabeth Seymour, MD

- Medical Doctor
- Clinical Director

M. Erin Van Veldhuizen, MSN, FNP-C, DC, DACNB, DCBCN, DCN, CCCN, CCTT

- Family Nurse Practitioner- Certified (Delegation with Elizabeth Seymour, MD)
- Chiropractor
- Diplomat, American Chiropractic Neurology Board
- Diplomat, Chiropractic Board of Clinical Nutrition
- Diplomat, Clinical Nutrition from American Association of Integrative Medicine
- Nutritional Therapy
- Certified Clinical Camera Thermographer, International Association of Camera Thermographers

Nisreen Tayebjee, DC

- Chiropractor
- Nutrition Therapy

The patient and/or his/her guardian(s), or legally responsible person(s) acknowledge and agree that there are risks associated with all diagnostic and therapeutic procedures, including those used at Innovative Health and Wellness Group. The procedures ordered by the staff clinicians are recommended because the potential benefits are greater than the potential risks.



The purpose of the use or disclosure of this information is to facilitate effective and accurate diagnosis and treatment at IHWG, and to comply with state and federal laws.

This authorization is valid beginning on ____/____/____ (today's date) and expires one year after the end of your care received at or from IHWG, including any follow-up care and consultations.

I acknowledge that the information used or disclosed under this authorization may be subject to re-disclosure by the person or facility receiving it and would then no longer be protected by federal privacy regulations.

I have the right to refuse to sign this authorization form; however, if I refuse to sign the staff of IHWG may refuse service if they are unable to gain access to previous medical records. If signed, I have the right to revoke this authorization, in writing, at any time. I acknowledge that any action already taken in reliance on this authorization cannot be reversed, and my revocation will not affect those actions. Please see the HIPAA privacy notice for a more detailed outline of our privacy policy.

In the event I cannot be reached, IHWG may use the following methods to communicate important health information:

___ e-mail provide the email address: _____

___ voicemail at the following number (be aware work voicemails may not be secure): _____

___ standard mail at the following address: _____

Name of any person(s) allowed to communicate with IHWG and relation to patient:

Date ____/____/____

Signature of patient

Printed name

Signature of Guardian, if patient is a minor or dependent

Relationship to patient

Chiropractic Terms of Acceptance

When a patient seeks chiropractic care and we accept a patient for such care, it is essential for both to be working for the same objective.

Chiropractic has only one goal. It is important that each patient understands both the objective and the method that which will be used to attain it. This will prevent any confusion or disappointment.



Adjustment: The adjustment is the specific application of forces to facilitate the body’s correction of a vertebral subluxation. Our Chiropractic method of correction is by specific adjustments to the spine.

Health: The state of optimal physical, mental, and social well-being, not merely the absence of disease or infirmity.

Vertebral Subluxation: A misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of nerve function and interference to the transmission of mental impulses, resulting in a lessening of the body’s innate ability to express its maximum health potential.

We do not offer the diagnosis or treatment of any disease. We only offer to diagnose either vertebral subluxation complex and/or neuro-musculoskeletal conditions. However, if during the course of a chiropractic spinal examination we encounter unusual finding which are outside the scope of practice for a Doctor of Chiropractic, we will advise you. If you desire advice, diagnosis, or treatment for those findings, we will recommend that you seek the services of another health care provider.

Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatments prescribed by others. OUR ONLY PRACTICE OBJECTIVE is to eliminate major interference to the expression of the body’s innate wisdom. Our only method is the specific adjustment to correct vertebral subluxation. However, we may use other procedures to help your body hold those adjustments.

I, _____ have read and fully understand the above statements.

(Print name)

All questions regarding the doctor’s objective pertaining to my care in this office have been answered to my complete satisfaction. Therefore, I accept chiropractic care on this basis.

Signature

Date

For All Female Patients of Child-Bearing Capability - Pregnancy Release

This is to certify that to the best of my knowledge I am NOT pregnant and Van Family Chiropractic has my permission to perform an x-ray evaluation. I have been advised that x-ray can be hazardous to an unborn child.

Signature

Date

Date of last menstrual cycle: _____